

## Come along to bingo with a twist!

We'll get you moving with fun music and lots of laughs.

WHO:

People looking for gentle exercise and social connection

WHERE:

IPC Health Hoppers Crossing campus 177 Warringa Cres, Hoppers Crossing

IPC Health Altona Meadows campus 330 Queen Street, Altona Meadows COST:

Free!

**HOW TO JOIN:** 

Call 1300 472 432 or talk to your IPC Health clinician.

You'll receive a call from the team before you start.

