



## DEMENTIA CARERS SUPPORT GROUP

Join our group for people in the City of Wyndham area who care for someone with dementia or a similar condition associated with memory loss.

We empower carers through education, social connectedness and emotional support while socialising and meeting people in similar situations.

We create a community network by:

- Offering support
- Giving people an opportunity to talk
- Providing guest speakers
- Holding social outings
- Hosting a Christmas luncheon
- Facilitating coffee and chat catch ups

Most costs are covered. We'll let you know if there's an out of pocket cost for outings.

**First Tuesday of every  
month from 1:00pm-3:00pm**

**IPC Health Hoppers Crossing 117-129  
Warringa Crescent Hoppers Crossing 3029**

For more information:

**Leah Hewitt**, Occupational Therapist  
IPC Health - Hoppers Crossing  
Phone **8734 1400**

**Marion Appleby**, Planned Activity Program  
Wyndham City Council  
Phone **8734 4536**