# How do I book an appointment?

If you are under 65 years, contact your nearest IPC Health campus on 1300 472 432, or get a referral from your doctor or healthcare provider.

If you are over 65 years (or 50 years and over for Aboriginal and Torres Strait Islander clients, as well as people experiencing homelessness or at risk of homelessness), contact My Aged Care on 1800 200 422. Your healthcare provider can refer you via My Aged Care. Please request the Podiatry service from IPC Health

You may be placed on a waiting list.

# **Can I have an interpreter?**

Yes, interpreters are free. Please let us know when booking an appointment.

5=2=2

#### **IPC Health**

**ACN** 136 685 151 **ABN** 68 846 923 225

#### Deer Park

#### St Albans

#### **Altona Meadows**

#### **Hoppers Crossing**

### Wyndham Vale

# 1300 472 432

W ipchealth.com.au

#### **f** IPC Health **in** IPC Health **y** IPCHealth au

# **IPC**Health

# **Podiatry**





TORIA

A podiatrist is a health professional who is trained to assess, diagnose, treat and manage problems of the feet and lower legs.

Podiatrists can:

- check blood flow and feeling in your feet
- perform surgery on ingrown toenails
- manage ulcers on your feet
- check how you walk
- check the skin and nails on your feet
- prescribe pressure-relieving insoles or arch supports (orthotics)



# n a podiatrist help?

c) look after your feet
c) ain in the feet and lower leg
c) your shoe choices
le with diabetes look after their feet
c) dren's feet and the way they walk
c) reat foot ulcers and sores
c) kin and nail problems on your feet

t toenails or remove hard skin.

# What should I bring to my first appointment?

- your list of medication
- your medical history
- footwear that you wear regularly (including your work shoes, exercise shoes, casual shoes)
- any recent x-ray or ultrasound images of your feet

## Who can use this service?

People in Brimbank, Hobsons Bay and Wyndham.

## Is there a fee?

A fee may apply for this service. To learn more, please contact our Client Services team on 1300 472 432.