

How do I book an appointment?

Contact your nearest IPC Health campus. You may be put on a waiting list.

Who can use this service?

To make sure this is the right service, your child needs to be between birth and school age, and living or going to child care/kindergarten in the local area.

See our campus details for more information.

Who cannot use this service?

Children who:

- are already at school
- have a diagnosis such as autism spectrum disorder or global developmental delay
- need ongoing therapy after they have started Prep
- have been referred to Early Childhood Early Intervention services
- have been accepted on the National Disability Insurance Scheme (NDIS)



IPC Health acknowledges the support of the Australian and Victorian Governments.

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Occupational Therapy for Children



What do paediatric occupational therapists do?

Paediatric (child) occupational therapists work with families to help children join in daily activities such as:

Self-care

- dressing and washing
- using spoons, knives and forks
- trying different foods
- going to the toilet
- going to sleep

Productivity

- drawing, writing, colouring, cutting, painting, threading and craft
- sitting on chairs and on the mat
- paying attention and concentrating
- following instructions
- going to the shops

Play

- using playground equipment
- riding a bike
- climbing
- group games
- making friends
- using different types of toys
- using building blocks
- using the sandpit
- ball games



How can a paediatric occupational therapist help?

They work with you and your child in the following ways:

- provide assessments and reports
- one-on-one therapy sessions
- group and home programs
- visits to kindergarten or child care
- follow-up phone calls
- provide information and ideas to other people working with your child

Is there a fee?

A fee may apply for this service. If you need help with payment, please speak to our Client Services team.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

