



ipc Health

Healthy Mothers Healthy Babies

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The Healthy Mothers Healthy Babies program is supported by the Victorian Government.



What is the Healthy Mothers Healthy Babies program?

The Healthy Mothers Healthy Babies (HMHB) program helps pregnant women who need extra support.

The HMHB worker will visit you in your home.

How can HMHB help?

The HMHB program can give you information and support about:

- your care while you are pregnant
- help and information for living a healthier life
- special health needs
- issues with alcohol and other drugs
- mental health
- loneliness
- homelessness and risk of homelessness
- family violence
- financial problems
- bringing baby home
- emotional support for conditions such as postnatal depression



How do I book an appointment?

To book an appointment to see a member of the HMHB team, contact your nearest IPC Health campus.

Who can use this service?

Pregnant women who live, work or study in Brimbank and Wyndham.

Is there a fee?

A fee may apply for this service. To learn more, please contact our Client Services team.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

