

Other diabetes services

Dietitian

- provides healthy eating advice

Podiatrist

- checks your feet
- shows you how to care for your feet
- wound care
- orthotics (also known as shoe inserts or arch supports)

Living Well

- helps you make changes to reach your health goals



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Disclaimer: although funding for the Diabetes Education service has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

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Diabetes Education



What do diabetes educators do?

Diabetes educators are health professionals who can help you understand, manage and look after your diabetes.

Why is it important to see a diabetes educator?

Diabetes can be serious and can cause many health problems.

Simple changes can help reduce these.

How can a diabetes educator help?

They can:

- explain about healthy eating and exercise for diabetes
- give advice about tablets and medication you inject
- teach you how to check your blood sugar levels
- help you understand what regular medical checks you need
- assist you to get discounted diabetes medications and products



Is there a fee?

A fee may apply for this service. If you need help with payment, please speak to our Client Services team.

How do I book an appointment?

Contact your nearest IPC Health campus. You may be put on a waiting list.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

