

Who can use this service?

The service can be used by anyone. We especially welcome clients who have experienced sexual assault or family violence and their (non-offending) family members.

How do I book an appointment?

To book an appointment, email MDC.nurses@ipchealth.com.au. You might have to wait before an appointment becomes available.

“Nurses dispense comfort, compassion and caring without even a prescription.”

— Val Saintsbury



This program is funded by the Victorian Government and is located within sexual assault multidisciplinary centres.

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Community Health Nursing



Who are we?

Community Health nurses work closely with other services within the multidisciplinary centre (MDC). They offer a range of nursing services to support you and your family's health needs.

Our nurses are female and have years of experience. They will treat you with sensitivity and respect your right to privacy and confidentiality.

Please note that the nurse does not replace the role of your counsellor/support person or other services you are currently accessing.



How can this service support me?

- we work with you to manage your health
- we will ensure you are at the centre of every decision
- you have a right to be treated with respect and dignity, and a right to care that is responsive to your culture, religion and sexual orientation

What we provide:

- support for your health and wellbeing
- support to identify your health care needs
- support to develop a plan on how to reach your health care goals and monitor achievements
- support you to access local and other health and community services that could assist you
- health information and education

What happens next?

The nurse will make an appointment with you. The appointment will either be face to face or by phone.

Over the first couple of appointments, the nurse will complete a health assessment to help identify your health needs.

You and the nurse will then develop a plan. This may involve linking with other health support services or education.



Is there a fee?

This service is free.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

