How do I book an appointment?

To book an appointment, call us directly on 1300 472 432 or email us at AODServices.Intake@ipchealth.com.au

You can also call the Regional Central Intake Service on 1800 700 514 and ask to be referred to IPC Health's Alcohol and Other Drugs (AOD) Counselling service.

After hours appointments are available on request.

Emergency care

For 24 hour counselling services and after hours support, call Directline on 1800 888 236 or Lifeline on 13 11 44.

In an emergency, call 000 for police or ambulance.





The IPC Health Alcohol and Other Drugs Counselling is supported by financial assistance from the Australian Government and acknowledges the support of the Victorian Government.

Disclaimer: although funding for IPC Health Alcohol and Other Drugs Counselling has been provided by the Australian Government, the material contained herein does not necessarily represent the views or policies of the Australian Government.

IPC Health

PO Box 171 Deer Park VIC 3023 ACN 136 685 151 ABN 68 846 923 225

Deer Park

106 Station Road Deer Park 3023

St Albans

1 Andrea Street St Albans 3021

Sunshine

Level 1, 499 Ballarat Road Sunshine 3020

Altona Meadows

330 Queen Street Altona Meadows 3028

Hoppers Crossing

117–129 Warringa Crescent Hoppers Crossing 3029

Wyndham Vale

510 Ballan Road Wyndham Vale 3024

1300 472 432

W ipchealth.com.auE ipchealth@ipchealth.com.au

f IPC Health **in** IPC Health X IPCHealth_au

ipcHealth

Alcohol and Other Drugs Counselling



Our Alcohol and Other Drugs Counselling team helps people whose lives are affected by alcohol and other drugs use.

The team provides clients with hope and help to recover and/or minimise harmful substance use and achieve their life goals.

Our care and recovery coordinator can also help people who want additional support to improve their wellbeing.



How can a counsellor help?

Our counsellors can help you reduce the impact of alcohol or other drugs in your life. We can refer you to other support services if you need them.

We can also help the people close to you such as partners and family members. Counselling and support are provided to people individually or as a family.

Is there a fee?

This a free service.

Who can use this service?

People over the age of 16 years in Brimbank, Hobsons Bay and Wyndham.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

