

Are you over 65 and want to continue living at home but need help?

Would you like more help with tasks like showering, getting dressed, cooking, cleaning, gardening, shopping, changing a light globe or getting to and from the doctor or other appointments? Have you considered a home care package?

Home Care Packages are also available for Aboriginal and Torres Strait Islander clients aged over 50.

Home Care Packages

The Home Care Package program provides older Australians with long-term support and assistance so they can continue to live independently in their own homes and communities.

There are four levels of packages and one will be assigned to you based on your care needs.

Once approved, your Home Care Package funds your tailored care plan of supports and services. You can choose who provides the services for your specific needs. The package will give you choice and flexibility in the way that care is provided to you at home.



IPC Health acknowledges the support of the Australian Government.

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ipcHealth

Aged Care Services



IPC Health cares

Our Aged Care team is highly skilled and experienced in delivering the care and support you need in the comfort of your own home.

You will be assigned your own IPC Health case manager who will spend time getting to know you to truly understand your needs. They will work with you to develop your own specialised care plan and provide you with the best possible care.

We have been serving the local community for over 40 years. Our team will listen to your story so we can provide personalised care that is suitable for your background and cultural needs.

For more information, contact:

Cathy McQuilken

Services Coordinator

Phone: 0401 020 346

Email: cathy.mcquilken@ipchealth.com.au

Is there a fee?

A fee may apply for this service. To learn more, please contact our services coordinator, Cathy McQuilken.

How do I get a Home Care Package?

You, a family member, a trusted friend, or IPC Health (acting on your behalf, with your consent) can contact My Aged Care on **1800 200 422** or through their website at **myagedcare.gov.au** to start the application process.

My Aged Care provides a free Aged Care Assessment Service (ACAS). A representative will visit you at home to work with you to determine the type of care you need.

Your care needs will determine by the amount of funding allocated for your Home Care Package.



We can help you coordinate your package

When you apply for your Home Care Package, let the ACAS representative know that you want IPC Health to be your care provider.

When your Home Care Package becomes available, you will receive a letter from My Aged Care. Once you have received this letter, please let us know so we can start planning your care together.

Your care plan may include services such as:

- personal care
- meal preparation
- shopping assistance
- transport
- nursing
- allied health care such as podiatry, dietetics, physiotherapy, or counselling to ensure you are safe and well in your own home

Can I have an interpreter?

Yes, a fee may occur depending on the type of interpreter service.

If a fee is to be charged to your Home Care Package, you will be informed by your case manager.

