

Media Release

1 July 2024

IPC Health launch Sexual and Reproductive Health Hub

The IPC Health Sexual and Reproductive Health Hub launched today from our Deer Park and Wyndham Vale campuses offering more services with extended hours to people who identify as women, people with a cervix and young people aged from 12 to 25 years.

The Sexual and Reproductive Health Hub has been made possible by expansion funding from the Victorian Department of Health and extends our reach across all of our six campuses in Melbourne's west: Altona Meadows, Deer Park, Hoppers Crossing, St Albans, Sunshine and Wyndham Vale.

Our female Youth and Women's Health Nurses work with clients to provide wraparound health and wellbeing care and can link them in with other IPC Health services including GP, allied health and mental health and wellbeing.

Our nurses support provide respectful, confidential and culturally safe spaces for education and services on topics including:

- Sexual health and wellbeing
- Contraception
- Pregnancy choices
- Preventative health screening
- Menopause advice, continence and wellbeing support
- Women's health issues
- Polycystic ovarian syndrome, endometriosis and pelvic health

IPC Health Senior Manager Clinical Operations **Sofi Milenkovski** said this funding ensures that people who identify as women, people with a cervix and young people across the Melbourne's west now have more opportunities to access essential care and support.

Quotes attributed to Ms Milenkovski:

'IPC Health has been deeply embedded in western and outer western Melbourne for 50 years. Over this time. We've seen the demographics shift and change and we've been able provide essential services to our diverse communities no matter their socioeconomic or cultural backgrounds.'

'With this additional funding, IPC Health has been able to develop a qualified interdisciplinary workforce aligned to the Hub to ensure early access to essential services is provided to our clients across all our campuses.'

To book in with one our Youth and Women's Health Nurses, people can call us on 1300 895 589, email us at <u>sexualhealthnurse@ipchealth.com.au</u>, or book via HotDoc through our website. A free interpreter service is available.

Learn more about our Sexual and Reproductive Health Hub and Women's Health Clinics at www.ipchealth.com.au/services/sexual-reproductive-health.