

Media Release

25 August 2022

IPC Health finalist in the Victorian Public Health Awards

IPC Health has been announced a finalist in this year's Victorian Public Health Awards. Our binGO MOVE program has been shortlisted in the Supporting Healthy Populations category.

IPC Health CEO Jayne Nelson said this was a wonderful recognition for this program that helps older adults stay active and healthy.

"We thank the Victorian Government for selecting IPC Health as a finalist," said Ms Nelson.

"We want to improve the quality of life for the people and communities we serve by maximising access to health and wellbeing services. Prevention is one of our key strategies and binGO MOVE is a program that helps our clients keep out of hospital or other high-acuity services," continued the CEO.

Winners will be revealed at the 16th Victorian Public Healthcare Awards Gala Night.

[Victorian Public Healthcare Awards – Award finalists](#)

IPC Health's binGO MOVE team also recently won the delegate voted People's Choice Award for their outstanding presentation at the recent Australian Cardiovascular Health and Rehabilitation Association (ACRA) Conference. Delegates from academia, cardiology and other cardiac rehabilitation staff listened to IPC Health present binGO MOVE - the healthy way to play bingo - in the Clinical Excellence category.

binGO MOVE is a free gentle exercise program with a twist that also encourages social interaction. It was developed to reduce sedentary activity and is based on your standard bingo game, however each number called, triggers an exercise to be performed. The fun of a bingo game is turned into a form of exercise.

To learn more, call the team on 8734 1400.

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