



DEMENTIA CARERS SUPPORT GROUP

Join our group for people who care for someone with dementia or a similar condition associated with memory loss.

We empower carers through education, social connectedness and emotional support while socialising and meeting people in similar situations.

We create a community network for carers by:

- Offering support
- Giving people an opportunity to talk
- Providing guest speakers
- Holding social outings
- Hosting a Christmas luncheon
- Facilitating coffee and chat catch ups

You're welcome to attend online via Zoom if you're not able to make face to face meetings.

Our group works closely with the Australian Multicultural Community Services to provide additional respite activities to carers.

Dates: This group runs on the first Tuesday of every month from 12:30-2:30pm.

Location: IPC Health Hoppers Crossing
117–129 Warringa Cr, Hoppers Crossing 3029

Most costs are covered. We'll let you know if there's an out of pocket cost for outings.

For more information or to register:

Call IPC Health Hoppers Crossing on 1300 472 432 and ask to speak to:

- Leah Hewitt, Occupational Therapist, or
- Joyce Chan, Allied Health Assistant

Registration is essential. Call us or scan the QR code below to fill out the registration form.

