

Who can use this service?

IPC Health provides developmental psychology services to children from birth to school age who live or attend childcare or kindergarten in Brimbank, Wyndham, and Hobsons Bay.

Who cannot use this service?

Children who:

- are at primary school
- are suspected of or have a diagnosis such as Autism Spectrum Disorder or Global Developmental Delay
- have been referred to or are on the waiting list for another service such as early childhood approach (NDIS), Specialist Children's Services or an assessment clinic for diagnosis (e.g. Autism Clinic)
- need ongoing therapy for more complex social and emotional difficulties.



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Psychology for Children

(Developmental Psychology)



What do developmental psychologists do?

Developmental psychologists are here to assist you and your child when you have concerns or questions about your child's growth and progress.

These concerns could be related to various aspects of your child's development, including:

- learning, understanding, and problem-solving abilities
- listening skills and attention span
- behaviours like tantrums, rough behavior, or difficulty with separation from parents or caregivers
- interaction with other children, including sharing, talking, and playing
- achieving independence in tasks like using the toilet, feeding themselves, and falling asleep on their own
- expressing and managing emotions effectively.

How can a developmental psychologist help?

We work with you and your child in the following ways:

- assessing your child's thinking and learning
- watching you and your child together
- visiting your child's childcare centre or kindergarten
- strengthening your understanding of your child's behaviour
- developing ideas and strategies with you
- working together with other professionals supporting your child
- suggesting other services that might help you and your child.

How do I book an appointment?

Contact your nearest IPC Health campus. You might have to wait before an appointment becomes available.

A doctor's referral is not required.

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.

