

Who can use this service?

Families with children aged up to 6 years in Brimbank, Hobsons Bay and Wyndham.

Who cannot use this service?

Children who:

- are already at school
- have a diagnosis such as autism spectrum disorder or global developmental delay
- need ongoing therapy after they have started Prep
- have been referred to Early Childhood Early Intervention services
- have been accepted on the National Disability Insurance Scheme (NDIS)

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.



IPC Health acknowledges the support of the Australian and Victorian Governments.

ipcHealth



IPC Health

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ABN 68 846 923 225

Altona Meadows

330 Queen Street
Altona Meadows 3028

Deer Park

106 Station Road
Deer Park 3023

Hoppers Crossing

117–129 Warringa Cres
Hoppers Crossing 3029

St Albans

1 Andrea Street
St Albans 3021

Sunshine

L1, 499 Ballarat Road
Sunshine 3020

Wyndham Vale

510 Ballan Road
Wyndham Vale 3024

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At every age
and every stage

Well

for

Life

ipcHealth



Occupational Therapy for Children



A paediatric (child) occupational therapist works with your family to help your child join in daily activities.

These activities can include:

Self-care

- dressing and washing
- using spoons, knives and forks
- trying different foods
- going to the toilet
- going to sleep

Productivity

- drawing, writing, colouring, cutting, painting, threading and craft
- sitting on chairs and on the floor
- paying attention and concentrating
- following instructions
- going to the shops

Play

- using playground equipment
- riding a bike
- climbing
- group games
- making friends
- using different types of toys like building blocks
- using the sandpit
- ball games



How can a paediatric occupational therapist help?

We work with you and your child in the following ways:

- provide assessments and reports
- one-on-one therapy sessions
- group and home programs
- visits to kindergarten or child care
- follow-up phone calls
- provide information and ideas to other people working with your child

How do I book an appointment?

Contact your nearest IPC Health campus on 1300 472 432.

You may be placed on a waiting list.

Is there a fee?

A fee may apply for this service. If you need help with payment, please speak to our Client Services team.