

Can I have an interpreter?

Yes, interpreters are free. Please let us know when booking an appointment.



How do I book an appointment?

To access our Gambler's Help service, call **1300 472 432** or email **gamblershelp@ipchealth.com.au**

You are welcome to bring a support person with you.

Other support services:

- Gambler's Helpline: 1800 858 858
- Peer Connection: 1300 133 445
- Lifeline: 13 11 14
- National Debt Helpline: 1800 007 007

Is there a fee?

This service is free.



The Gambler's Help service is supported by the Victorian Government.

ipC Health



IPC Health

PO Box 171
Deer Park VIC 3023

ACN 136 685 151
ABN 68 846 923 225

Altona Meadows

330 Queen Street
Altona Meadows 3028

Deer Park

106 Station Road
Deer Park 3023

Hoppers Crossing

117-129 Warringa Cres
Hoppers Crossing 3029

St Albans

1 Andrea Street
St Albans 3021

Sunshine

L1, 499 Ballarat Road
Sunshine 3020

Wyndham Vale

510 Ballan Road
Wyndham Vale 3024

1300 472 432

ipchealth.com.au
ipchealth@ipchealth.com.au

ipchealth.com.au



ipC Health



Gambler's Help



At every age
and every stage

Well

for

Life

Gambler's Help is a free, confidential and non-judgemental IPC Health service for people and families affected by gambling harm.



What does Gambler's Help offer?

- counselling
- financial counselling
- community education
- support for gaming venues

Counselling:

- helps you understand how and why gambling has become a problem and helps you to reduce gambling harm
- helps you work out your goals and find ways to work through your problems
- helps you with other parts of your life and helps you to improve your relationships
- supports you for as long as you need

Financial counselling:

- helps you understand your financial situation and how you can improve it
- helps you to know your legal rights and options regarding your finances
- talks with banks or financial companies that are owed money
- informs you about other services that can help you

Community education:

- provides support and works with communities to reduce gambling harm
- increases community awareness and knowledge of ways to access support
- promotes education services
- focuses on prevention, early intervention and support for communities

Venue support:

- provides gaming venue staff with knowledge and skills so that gaming is provided responsibly
- assists venues to create responsible gaming environments
- assists venues to meet requirements for responsible gambling codes of conduct
- raises awareness among venue staff on Gambler's Help services, self-exclusion programs and community support services

Who can use this service?

This service can be used by any resident of the Brimbank, Maribyrnong, Wyndham and Hobsons Bay areas impacted by gambling, as well as their families and friends.